

Name: \_\_\_\_\_

Date: \_\_\_\_\_

From all of us at JumpstartMD, we thank you for the privilege of supporting your health and well-being.

Please select one of the below options that best suits your needs.

- Change my membership and continue my JumpstartMD journey**
  - To continue, please select one of the following membership options
    - Transition Membership: \$249/month for two visits a month
    - Essential Membership: \$199/month for one visit a month
    - Online (Only) Membership: \$99/month for one telehealth visit every 3 months
  - **By continuing your JumpstartMD journey, you receive:**
    - Visits for coaching, personalized dietary and clinical recommendations
    - Prescription management
    - Ongoing body composition analyses and lab testing recommendations
    - Member exclusive pricing on Bioidentical Hormone Replacement Therapy (BHRT), Support Packs and Vitamin Therapy
  - Once the agreement is completed and signed, your membership will change to JumpstartMD Transition, Essentials, or Online beginning on your next billing date. You will remain a member of your current membership until then.
- Pause my membership:** Please select one of the following to pause membership
  - 30-day Pause - By pausing your membership, you will not be charged for the next 30 days
  - 60-day Pause - By pausing your membership, you will not be charged for the next 60 days
    - JSMD benefits will be preserved
      - Full access to Rumi and the JSMD app
      - Member exclusive pricing on BHRT, Vitamin Therapy, and Support Packs

Your billing will automatically resume on your next billing date, and an appointment will be scheduled for you at the time the pause is initiated.

- Cancel my membership:** I no longer choose to use JumpstartMD Weight Management services (including visits, clinical care, and prescription management). Per the signed Patient Agreement, we require advance notice to cancel your membership. The terms are as follows:
  - **Signature, Essential, Transition, Lifestyle, or Online (Only) Memberships:**
    - Membership cancellation will be effective until the longer of the following: the duration of therapy for prescribed medication, peptides, or home vitamin therapy or after one full billing cycle
  - Once the agreement is completed and signed, you will remain a member until that date in which your cancellation is in effect, during which time you may continue your program and enjoy the benefits of membership.

**REACTIVATION OPTION:** Reactivation Fee will Apply (Wellness, Hormonal Labs & Review Included)

Please provide us feedback on why you are changing or canceling your membership:

\_\_\_\_\_  
\_\_\_\_\_

Membership end / change date: \_\_\_\_\_

Member Signature: \_\_\_\_\_